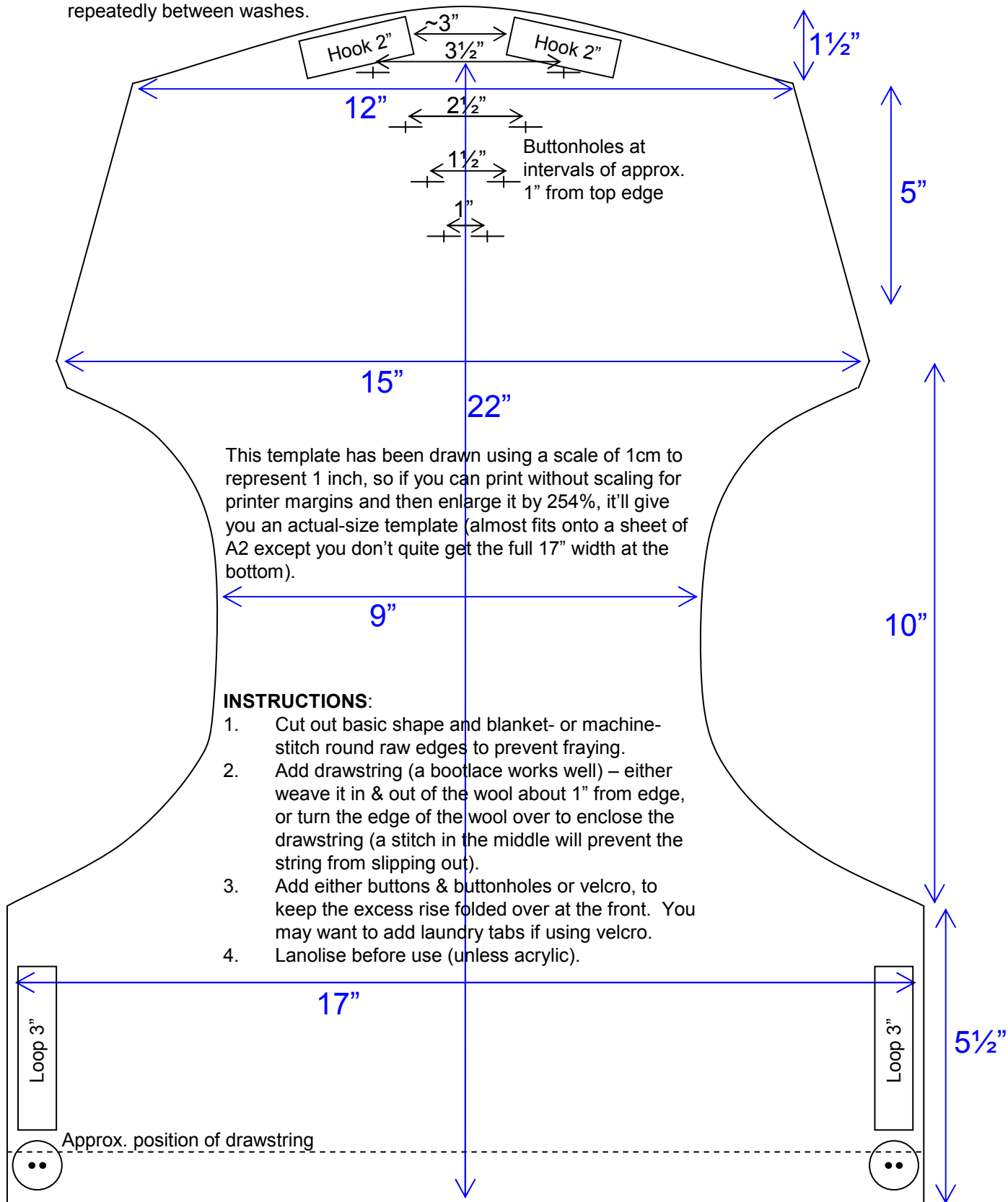


Template for an adjustable wool wrap

You need:

- an old wool jumper (absolute minimum 50% wool, preferably at least 80%; must have *no* absorbent content (e.g cotton))
- A bootlace or other cord suitable for the drawstring
- Two buttons or hook-and-loop tape (velcro/aplix)

You can use acrylic wool but the wrap will need to be washed after each use rather than being lanolised and used repeatedly between washes.



To put the wrap on:

1. Lay baby on wrap with drawstring just above top of nappy at back of waist. Add boosting if required between nappy and wrap.
2. Bring front of wrap up between legs and tuck round waist (it might come up to baby's neck at this stage).
3. Bring ends of drawstring round to front and fasten in a double bow.
4. Fold over the excess rise and fasten in place using buttons or velcro.